

# The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK — SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of The American Legion, J.B. Clark Post 149, Escondido, California



## COMMANDER | MICK SOBCHAK



As July ends and August begins, we find ourselves dealing with mandates and lockdowns again. We are doing our best to keep the Post open for you, but have

met with minor resistance from some members along the way. We fully understand if you are not comfortable coming to the Post, then you should wait until you are. We also understand there are members who still wish to attend meetings or socialize with friends. Our job to find a happy medium that accommodates all members while still following the ‘Big 4’ sanitary guidelines set by the County.

Working in conjunction with the City of Escondido, the San Diego County Supervisors, and the San Diego County Health Department, we were able to get a determination that your American Legion Post is not considered a public restaurant or bar. That lifts a lot, but not all restrictions. It allows us to continue to care for our veterans and provide you necessary services to include food service.

We were under the impression we did not have a restaurant license, but after going through our records, we found that we actually had one for over seven years. This allows us to provide more than Friday dinners and Sunday breakfasts. All the while, keeping the clubroom open to you. Currently, we are working a plan to have

food service seven days a week with a limited menu and schedule.

Another thing we could use your help with is our need for volunteers. We are required to audit the funds of the Post annually and need three volunteers for this. We also need some volunteers for the newly reconstituted Clubroom Committee. Keith Richter is chairing the committee and will be discussing renovations in a separate article of this newsletter.

Finally, I would like to give a special thank you to **Escondido Mayor, Paul McNamara**, for the new street signs that will be installed on both north and southbound Broadway. These three-foot by three-foot signs will not be easy to miss and allows for more of the community to know where we are. The mayor and I had a great conversation and we are lining up more great things for the Post and our local community.

Until next month, be safe, and remember, wash those hands.



## SPECIAL EVENTS

See calendar page and flyers for more information.

AUGUST 14  
POST OFFICER Dinner

AUGUST 15  
AL RIDERS Steak Dinner

AUGUST 21  
AUXILIARY Dinner

AUGUST 28  
SONS Dinner

PLEASE NOTE:  
The Clubroom is now OPEN  
and Sunday breakfasts have  
commenced.

CHECK the CALENDAR  
for other POST 149  
ACTIVITIES!



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The Official Publication of  
The American Legion  
J. B. Clark Post 149

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## 1ST VICE | JOHN SMARTT



Fellow Legionnaires, as many of you are aware, it's that time of year to renew our memberships. Your continued support is instrumental to the Post as

it enables us to continue serving our Veterans community. Additionally, I would like to take this opportunity to encourage all of you to attend our monthly meetings and Friday night dinners. As we move forward, I would like to thank all of you for your continued membership and support.

## 2ND VICE | CLUBROOM MANAGER STEF HOLDEN



Although **Club 149** is still closed, we invite you to have a cocktail with a home-cooked dinner on Friday nights or breakfast / brunch on a Sunday

morning. **Food is also being served on Saturday's from 2pm to 8pm as well as Sunday's from 11am to 4pm.** **Club 149** is tirelessly trying to extend our food service options in order to better serve our legionnaires in conjunction with adhering to all guidelines, recommendations and directives as set forth by both the County and the Alcoholic Beverage Commission. **Club 149** continues to thank you for your patronage and patience as we continue to work through these most challenging of times.

All of us at **Club 149** request all clubs and organizations that hold meetings on the patio throughout the month be sensitive to the fact that, due to reduced operating hours, we have limited janitorial services. Please make an effort to police the area after every meeting and try your best to leave the patio in a better condition than

you found the patio. The **Club 149** staff thanks you for your help and understanding.

As is often said, "This too, shall pass."

Hope you are all staying safe and well.

The **Club 149** staff will welcome you soon enough!

## POST 149 ADJUTANT | JEFF DODDS



August is upon us. Summer time. A time for social distancing with comrades and having a cool drink (with a bona fide meal) at your American Legion Post

149. And while you are here be sure to drop off your membership dues for your "Early Bird" 2021 membership card.

My office hours are changing a little for the summer. Let's do **0900 to 1300**, Monday through Thursday. If you have some need to conduct business at the post outside of my office hours please let me know in advance so I can make arrangements.

### Actions of Post 149 E-Board 07/14/2020

- ▲ To form a partnership with the VFW Post 1513 to create a Veterans Internet Café at Post 149 to support local student veterans.
- ▲ To rekey Post 149 door locks and individuals needing keys will sign them out from the Post Adjutant.
- ▲ To accept Golden Lock and Key as the winning bid to rekey the post at \$818.65.
- ▲ To open the post for meals on Fridays, 6:00PM to 8:00PM, Saturday, 2:00PM to 8:00PM and Sunday, 8:00AM to 4:00PM on a 30-day trial period.

SEE YOU AT  
THE CLUB!



## CHAPLAIN | CHUCK FAUPEL



I have (2) to report for sickbay and (1) to Everlasting.

Commander Mick's wife Shell Bell had surgery and had to return back to the hospital due to an infection. She is back home now. We pray for a safe recovery. See you soon.

Reminder. I will be conducting a Celebration of Life on Saturday August 29<sup>th</sup> at 1400 (2:00pm) for Leion Dix. Renee's Gonzales Her Father passed away June 6, 2020 It will be held at Post 149 Escondido or place may subject to change due to the closure of California.

Here we go again into another lockdown. California Issues Directive to Fight COVID-19.

- Wash hands frequently for at least 20 seconds.
- Encourage hand washing by family and friends, particularly children.
- Provide alcohol-based hand sanitizers to supplement hand washing.
- Avoid touching eyes, nose, or mouth with unwashed hands.
- Clean frequently used devices, such as mobile phones.
- Symptoms may appear 2-14 days after exposure to the virus.

People with these symptoms may have COVID-19:

<b><i>Fever or chills</i></b>	<b><i>Cough</i></b>
<b><i>Shortness of breath</i></b>	<b><i>Difficulty breathing</i></b>
<b><i>Muscle or body aches</i></b>	<b><i>Headache</i></b>
<b><i>New loss of taste or smell</i></b>	<b><i>Sore throat</i></b>
<b><i>Congestion or runny nose</i></b>	<b><i>Nausea or vomiting</i></b>
<b><i>Diarrhea</i></b>	<b><i>Fatigue</i></b>

If you think you have a fever or feel symptoms, stay home. That is the best remedy so you don't spread the virus.

To know the will of God is the highest of all wisdom. Living in the center of God's will rules out all falseness of religion and puts the stamp of true sincerity upon our service to God. You can be miserable with much, if you are out of His will; but you can have peace in your heart with little, if you are in the will of God. You can be wretched with wealth and fame, out of His will; but you can have joy in obscurity, if you are in the will

of God. You can have agony in good health, out of His will; but you can be happy in the midst of suffering, if you are in God's will. You can be miserable and defeated in the midst of acclaim, if you are out of His will; but you can be calm and at peace in the midst of persecution, as long as you are in the will of God. The Bible reveals that God has a plan for every life, and that if we live in constant fellowship with Him, He will direct and lead us in the fulfillment of this plan.

## AMERICAN LEGION AUXILIARY | CATHY WATHEN PRESIDENT



We conducted our monthly meeting outside with only seven in attendance. Since we didn't have a quorum we just had a round table discussion. We did agree with the units approval to donate to World Wide Hand at Camp Pendleton and Pubgrub at Post 149.

With COVID-19 still putting restrictions on almost everything we are holding off on making any plans for the future. Thanksgiving and the Children's Christmas Party are right around the corner and we're not sure what will happen. Everyone pray for this virus to stop spreading and our lives get back to some sort of normal.

A big thank you every who attended our Thanksgiving in July dinner on July 17<sup>th</sup>. Wow, what a turnout!!! We sold out of everything and had to turn people away. What a great day.

We will still be serving our monthly breakfasts and Friday dinners at 149 in the rear outdoor patio with masks and social distancing being practiced.

Sunday, August 2<sup>nd</sup> we will be serving breakfast from 8 until 11 am in the patio. Sandy will be making her famous omelets. Of course, you can still get our usual eggs to order, ham, sausage, biscuits and gravy or French toast. Everything cooked to order. Come and enjoy a home-cooked breakfast with family and friends.

Friday, August 21<sup>st</sup> the Auxiliary will be having a BBQ for the summer from 6 to 8 pm. Hamburgers, hot dogs, chili-dogs, brats with all the fixings. Sandy and I will be putting our heads together for a special dessert. Because we will be serving food you may also enjoy a cocktail with your dinner. Hope to see everyone there.

A new year is upon us and once again Auxiliary dues are due. You may pay \$30.00 by check to ALA Unit 149 or you may

now pay online. If we receive your dues before November you will be entitled to a free early bird dinner. So pay early and get that bird stamp on your 2021 card.

My thanks to everyone who supports the Auxiliary and everything we do for our Veteran's and their families.

**Cathy Wathen, President Unit 149 760-717-1425**  
cathywathenwatt@gmail.com

### CLUBROOM COMMITTEE CHAIR | KEITH RICHTER



I take great pride in accepting the position of Clubroom Committee Chair from Mick our newly elected Post Commander. In accepting this position, my desire is to bring about change to an environment that has been around for too long. Our primary

objective is to become a much more diverse American Legion Post 149, not catering to just a select few, but to all veterans.

Commencing on Saturday, July 25<sup>th</sup> we will start renovating the entire interior of the clubroom with several surprises in store for all to enjoy. We want to bring the clubroom's environment current with the times. We will be tapping into resources to generate more traffic into our clubroom i.e. personnel from MCAS Miramar, Camp Pendleton and other posts in and around the San Diego area. Some will balk at change but to continue the legacy of American Legion Post 149, we need to make these vital changes, drawing in younger veterans and maintaining those relationships is of the utmost importance.

I am a strong believer in that all be treated with dignity and respect, this will go a long way. So, in the days, weeks, and months ahead we will be focusing on creating and changing a stagnant environment into a place where people want to come back time and time again and feel welcome.

I want to thank all who have elected to volunteer in the clubroom renovation and invite anyone who would like to volunteer on the Clubroom Committee, please feel free to reach out to me...

**Keith Richter 760-522-3874**  
kfrichter7@gmail.com

### AMERICAN LEGION AUXILIARY IRENE CLINGMAN | PR CHAIR



HELP!! THERE IS NO FOOD IN THE PANTRY!!

On Wednesday, June 17, the Escondido American Legion Auxiliary donated a check in the amount of \$400 to The Jacobs & Cushman North County Food Bank. As a result of the COVID-19 pandemic the need

for food to feed families has increased tremendously across the nation and each \$1.00 donation can provide five meals to provide hope and food for hungry families. With the assistance of partnering organizations, monetary donations and volunteers coming together to sort and package food, everyone can make a difference! If you are interested in donating and/or volunteering contact Alden Domini, Corporate and Community Partnership Manager at 858-527-1419 or their web site at [adomini@sandiegofoodbank.org](mailto:adomini@sandiegofoodbank.org). If you need food assistance call toll free 1-866-350-FOOD (3663). You can also make donations on the web page. The North County Food Bank is located at 1445 Engineer Street, Suite 110, Vista, Ca 92081.



Accepting the check on behalf of the North County Food Bank is Alden Domini, Corporate and Community Partnership Manager on the left and Irene Clingman, Public Relations Chair, Escondido American Legion Auxiliary Unit 149.

**POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST**

At the Post Officers Breakfast in your birthday month - All you can eat buffet

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>JULY 26</b> 3 PM Pub Grub by Cheryl (Clubroom) OPEN POOL TABLE	<b>JULY 27</b>	<b>JULY 28</b>	<b>JULY 29</b>	<b>JULY 30</b> 6 PM Bunko (Hall) 4-8 PM OPEN POOL TABLE	<b>JULY 31</b>	<b>1</b>
<b>2</b> 8-11 AM Auxiliary Breakfast Eggs to Order \$8.00 3 PM Pub Grub by Cheryl (Clubroom) OPEN POOL TABLE	<b>3</b>	<b>4</b> 1-5 PM Baker Mtg. 6 PM VFW Mtg. (Hall)	<b>5</b>	<b>6</b> 6 PM Bunko (Hall) 4-8 PM OPEN POOL TABLE	<b>7</b> 6 PM KEY CLUB Dinner Spaghetti, Salad, Garlic Bread (Patio)	<b>8</b>
<b>9</b> 8-11 AM Sons Breakfast All You Can Eat Buffet \$10 3 PM Pub Grub by Cheryl (Clubroom) OPEN POOL TABLE	<b>10</b>	<b>11</b> 5:30 PM Post Finance Mtg. (Conf. Room) 6 PM Post E-Board Mtg. (Conf. Room)	<b>12</b>	<b>13</b> Noon-4 PM Escondido Arts Assoc. Mtg. (Hall) 6 PM Bunko (Hall) 4-8 PM OPEN POOL TABLE	<b>14</b> 6-8 PM POST OFFICER Dinner Potroast, Dessert (Patio)	<b>15</b> 3-8 PM AL Riders <b>STEAK DINNER</b> (Patio) 
<b>16</b> 8-11 AM Post Officers Breakfast All You Can Eat Buffet \$10 3 PM Pub Grub by Cheryl (Clubroom) OPEN POOL TABLE	<b>17</b> 6 PM House Committee Mtg. (Patio)	<b>18</b> 6 PM Post General Mtg. (Hall) 6 PM Auxiliary Mtg. (Conf. Rm)	<b>19</b>	<b>20</b> 6 PM Bunko (Hall) 4-8 PM OPEN POOL TABLE	<b>21</b> 6-8 PM AUXILIARY Summer BBQ Hamburgers, Hot Dogs, Chili Dogs, Brats and Fixins (Patio)	<b>22</b> 8 AM We Clean Escondido
40 et 8 Breakfast (Steak and Eggs) <b>23</b> 12 Noon 40 et 8 Mtg. (Hall) <b>31</b> 3 PM Pub Grub (Clubroom) ALR OPEN POOL TABLE Breakfast (Steak and Eggs) 3 PM Pub Grub by Cheryl (Clubroom) OPEN POOL TABLE	<b>24</b>	<b>25</b>	<b>26</b> 5:30 PM Dinner on the Patio Chili Dogs 6:30 PM AL Riders Mtg. (Patio)	<b>27</b> 6 PM Bunko (Hall) 4-8 PM OPEN POOL TABLE	<b>28</b> 6 PM SONS Dinner Pulled Pork, Burgers, Hot Dogs (Patio)	<b>29</b>

**AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE**

When you go to The Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149 and have them write it on the bill.

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J. B. Clark Post 149  
230 E. Park Avenue  
Escondido, CA 92025-1811

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SEE YOU AT  
THE CLUB!

## The Golden Egg Omelet House

Fundraiser 10% of Food & Beverage Contributed to Organization

### American LEGION Post 149



316 West Mission Ave. #101  
Escondido, CA. 92025  
(760) 489-6420

### BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.  
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.  
(minimum 3 mos. advertisement cycle required)

\*PLEASE CONTACT THE POST ADJUTANT  
AT ADJUTANT149@GMAIL.COM FOR MORE  
INFORMATION OR TO PLACE AN AD.

See [www.escondidolegion.org](http://www.escondidolegion.org) for the latest updates  
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