



# The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of The American Legion, J.B. Clark Post 149, Escondido, California



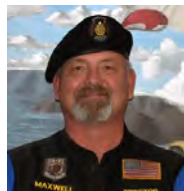
**Commander | Jen HOLDEN**

I am so happy to see the Post bustling. We've worked hard to have events for people to come out and enjoy. The Post needs your support! In order to continue these activities, we need people to physically help do the things! Our Post needs members of the House Committee and the Clubroom Crew. Currently, the people doing all this work behind the scenes are tired. We need back up.

The month of November is the month we give thanks. I am so very thankful for this post and the people in it. We are supportive of one another. We provide comfort and aid to our fellow legionnaires when they are in need.

Tragically, we lost our Third Vice Commander, Tony Azares. Tony was a long-time member and supporter of our Post. All my prayers and my condolences go out to his family. His Memorial will take place on Nov. 5th at 2pm in the Hall.

**FIRST VICE | JOHN SMARTT**



Legionnaires, as we are quickly moving towards the end of the year, please remember to renew your Post

membership. There are still quite a few who haven't done so and we would love to meet our membership goals. I would also like to say thank you to those who have renewed their membership for another year and to those members who actively support our Post, whether it be stopping by for a drink at the bar, attending a breakfast or dinner, attending meetings, and assisting with the day-to-day maintenance and operations of our Post.

We have our VetFest Parade coming up on Friday, November 11th, followed by a ceremony at the Post with a few meal options afterwards. Myself and a few others will have a booth set up at the Maple St. Plaza so stop by and say hello. Myself and a few others will also be cooking Brats with all the trimmings out at the Riders kitchen after the ceremony so pay us a visit and enjoy a delicious meal.

The VetFest parade is a great event that provides us an opportunity to celebrate our Veterans and community supporters, and highlight the importance of American Legion Post 149's presence in the community. Hope to see you along the parade route.

## SPECIAL EVENTS

See calendar page and flyers for more information.

OCTOBER 15  
e-Waste Disposal

OCTOBER 22  
HALLOWEEN Party  
OKTOBERFEST

Check Calendar for FRIDAY  
Dinner and  
SUNDAY Breakfast  
Schedules

PUB GRUB by Cheryl  
Every Sunday 3 PM

PORCELAIN CLUB  
Every Tuesday 9 AM-1 PM

BUNKO  
Every Thursday 6-8:30 PM

KARAOKE  
10/7 and 10/21  
Friday 8-11 PM



## The One Forty Niner

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## SECOND VICE | CLUBROOM MANAGER | STEF HOLDAN



The time is once again upon us! The American Legion Post 149 Flagship event of the year known as “VetFest”, our annual Veterans Day Parade celebrating our Home Town Heroes, will be taking place on November 11th up and down Grand Ave. from 9:30am to 11:00am. The Post-Parade ceremony and festival will be taking place at the American Legion starting at noon. The legion will host a variety of food option including, Mexican cuisine, burgers and dogs by the American Legion Riders as barbecue options hosted by “Full Belly Barbecue”.

This year’s Keynote Speaker will be retired Brig. Gen. Paul Lebidine, USMC and several dignitaries from the Federal, State and Local level will be on hand to join in the festivities.

I would like to extend a big thank you to my fellow Co-chairs, Past Commander Mike Frank and Brothers of 6 President Bill McNaughton! Without you and our entire VetFest team, none of this would be possible.

To my fellow legionaries, do not miss your chance to be a part of what I’m sure is going to be an amazing day.

On another note, due to the overextension of all of our satellite organizations, The American Legion Post 149 will most likely not be hosting a Thanksgiving dinner this year. If the situation changes, I will be the first to let you all know.

See you at the 149!

## POST 149 ADJUTANT | BILL STINTSMAN



Welcome to November. We are searching for an organization to serve breakfast on the fourth Sunday of the month. If you know of anyone willing to step up and run this, please let me know.

The calendar year is almost over and it’s time to start decorating for the holidays. Regardless of what, or how, you celebrate, the best thing to do is enjoy your time with others. Membership renewals have slumped as of late, so if you HAVE NOT renewed for 2023, give yourself a holiday gift and please get that done. You can renew right here, right now. YES! This little QR Code links you to <https://mylegion.org/PersonifyEbusiness/Membership/Renew>, all you need is a cell phone with a QR Code Reader app, your American Legion member number and your last name. (Hopefully you remember your name.) Give it a try. Renew now for 2023!!!



(P.S.: This only works for American Legion Membership renewals. Sons of the American Legion renewals have not yet been activated through this web site, and the Auxiliary is not linked to this site either.)

## CHAPLAIN | CHUCK FAUPEL



I have one comrade to report to Post Everlasting: Tony Azares passed away Tuesday October 4th 2022. Tony is survived by his wife Michelle and daughter Kenzie. He has done so much for our Post and our riders. He donated money every time he did anything for us. He was Post 146 Past commander. He served for 3 years. He did a lot of our cooking. He loved to make tacos. I Have been asked by the family to do a Memorial Service on Saturday November 5th at 1400 (2:00pm). It will be held at Post 149 Escondido in the hall. If you have any questions, please call me at (619) 995-3043.

We will continue to keep Keith Porter in our Prayers.

Announcement: Myself and our Post Commander will be performing the Four Chaplain Service in February, 3rd week at 11:30, on the 19th, which will be the post breakfast, come out and enjoy a great buffet and stay for the service. Put it in your calendar.

I want to give a shout out to our Newsletter Editor Barbara Richter. Thank you so much for doing what you do for us. You are a true Champion.

(Thanksgiving is around the Corner).

Does Thanksgiving have its roots and meaning in the Bible? Why is thankfulness important?

Thanksgiving toward God for his many blessings and perfect love manifested on us is a common theme in the Bible. For example, ancient Israel annually observed seven periods, known as the Feast (Holy) days, which centered on the three main harvests. One of the central themes of these days of "thanksgiving" is the acknowledgment that the Eternal makes possible our lives and that he is the source of our prosperity and wealth.

The actual word or its plural is found thirty times in the KJV, nine of which occur in the New Testament (2Corinthians 4:15, 9:11 - 12, Philippians 4:6, Colossians 2:7, 4:2, 1Timothy 4:3 - 4, Revelation 7:12). Of these nine occurrences, the apostle Paul refers to thanksgiving toward God eight times while John refers to it only once.

## AUXILIARY PRESIDENT | CATHY WATHEN



Well ladies it looks like another year is almost over and we are still as busy as ever.

We are gearing up for next year's Poppy Season and are starting to make Poppies for 2023. We need volunteers to make poppies again this year. If you have some extra time and would like to help, please give us a call.

We have sent in our request to sponsor 6 girls for Girl's State again and will be working hard to raise money for our favorite program. That brings up our December Bale Sale, we need baked goods to sell at our breakfast. This is money used to send the girls to

Sacramento. The cost of bus fare this year was \$200 extra for each girl on top of the \$425 we usually have to raise. Your baked goods donation would help with expenses. Baked goods can be brought to the Legion on the evening of December 3rd or Sunday December 4th. Breakfast starts at 8am in the hall. Drop off you baked goods and enjoy a homecooked breakfast.

Sunday November 6th our breakfast special will be omelets cooked to order and pumpkin pancakes. Of course, we will have all the other fix ins to go along with that. Also on the menu is Sausage, ham, eggs cooked to order, biscuits and gravy and home fries. Enjoy a great homecooked breakfast and cup of coffee with friends. Oh, and shop for some yummy desserts.

Friday November 18th the Auxiliary dinner will be serving ham, scalloped potatoes, homey carrots, coleslaw and dessert. Dinner starts at 6pm and we serve until 7:30 or we run out of food. Hope to see you there.

In last month's newsletter we let everyone know we decided to do something different for needy children. There are so many children in foster care between the ages of 14 and 18 that are forgotten we want to make their Christmas special. If you would like to help and make a donation to these kids, please send your donations to the ALA Unit 149 at the American Legion.

Keep the donations coming for Camp Pendleton. Thanks to everyone who has donated to this worthy cause. Canned Tuna, Chicken, Pastas, Rice, box Mac & Cheese, healthy



Cereals PB&J these are just a few of items needed. Put all donations in the gray bin in the hall, please no expired items or glass jars can be accepted.

Just a reminder because December is such a busy month, we will not be having a meeting on December 19th and will meet again on Tuesday January 17th in the conference room at 6pm.

Have a wonderful Thanksgiving and thank you for your continued support of the Auxiliary and the Legion Family.

Cathy Wathen, President Unit 149 760-717-1425

[cathywathenwatt@gmail.com](mailto:cathywathenwatt@gmail.com)

### AMERICAN LEGION AUXILIARY

IRENE CLINGMAN | PR CHAIR



Food Challenge – On October 4,

I joined several representatives from Helping Hand Worldwide at the North County Food Bank in Vista to select food to be distributed to military families from Camp Pendleton.

Our Auxiliary donated \$500 last month for the Food Challenge and I had the opportunity to assist in selecting foods utilizing some of that donation. For example, we were able to obtain many cases of food items such as peanut butter and black beans and other items at a cost of \$1.20 per case (12 units). We obtained lots of fruit of various



kinds and a special of that day was free green grapes. Oranges, avocados, cheese, granola, apples, bananas, potatoes, onions, etc., were added to our shopping carts which are then weighed on a scale for poundage, deducting items that were free. Our total expenditure for that purchase was \$67.60 and weighed in at almost 2,000 pounds. See pictures of the food obtained below. On October 18, a total of \$114.40 was utilized from our donation and that purchase was 2,242 pounds. Our goal this year was 1,500 pounds but at the present the total weight has exceeded that amount and now stands at almost 5,000 pounds. As you can see this cooperation with Helping Hand Worldwide allows us to provide much more food for hungry families.

The organization also works in conjunction with Albertsons, Trader Joe's, organic farm, an egg farm and flower farm. Helping Hand strives to provide fresh foods rather than canned items with the exception of items like peanut butter, tuna, beans etc.

Of course, our food donations at Post 149 will continue as usual again with no glass or outdated food. With the holiday season, it would be nice to donate holiday items such as pie fillings, cake mixes with frosting, brownies, as these are items are usually not provided as they are not considered necessity. THANKS!!





## AUXILIARY BREAKFAST AND CHRISTMAS BAKE SALE

SUNDAY, DECEMBER 4th

BREAKFAST SERVED 8:00 - 11:00 A.M.

CHRISTMAS BAKE SALE 8 A.M. – 12 NOON

PLEASE JOIN US FOR BREAKFAST AND SHOP FOR DELICIOUS BAKED  
ITEMS FOR THE HOLIDAYS – OPEN TO THE PUBLIC

### BREAKFAST MENU

SMOKED PORK CHOP, HAM OR SAUSAGE

EGGS COOKED TO ORDER

BISCUITS AND GRAVY OR PUMPKIN Pancakes

HOME FRIED POTATOES AND FRESH FRUIT

COFFEE AND JUICE

**\$12.00**

## HELP WANTED!

The VetFest committee is looking for Post 149 members to get involved with this years VetFest and Veterans Day parade. We are in need of Veterans to participate in the parade by riding in our float or helping man the parade route street barricades. Please contact Mike Frank at 760-315-1330 if interested.

Also check out our website, [EscoVetFest.org](http://EscoVetFest.org).





# 3rd Annual VetFest and Parade on Grand



## SAVE THE DATE NOVEMBER 11, 2022

- Veterans Day Parade on Grand - Kicks off at 9:30am
- Grand Avenue Patriotic Storefront Display Contest
- Military and VetFest Sponsor Displays at Maple Street Plaza
- VetFest at American Legion Post 149 beginning at 12:00pm
  - Veterans Day Ceremony
  - Lunch
  - Sponsor and Military Displays
  - Veteran Services Organizations Booths

*If you would like to participate, please register at the website below:*

[www.escovetfest.org](http://www.escovetfest.org)



**POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST**

At the Post Officers Breakfast in your birthday month - All you can eat buffet

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Oct 30</b> Riders Breakfast 3 PM Cheryl's Pub Grub	<b>Oct 31</b> Halloween	<b>1</b> 6 PM VFW	<b>2</b>	<b>3</b> BUNCO 4-5:30 PM Teamsters Meeting	<b>4</b> 6 PM Kiwanis Dinner Tacos	<b>5</b> 2 PM Tony Azares Memorial Service 5-10 PM Patio Rental
<b>6</b> 8-11 AM Auxiliary Breakfast & Bazaar 3 PM Cheryl's Pub Grub	<b>7</b>	<b>8</b> 6 PM DAV 5 PM Finance Comm. 6 PM Post E-Board	<b>9</b> 6 PM Sons Meeting	<b>10</b> BUNCO 5-8 PM Kiwanis Meeting 5:30-8:30 PM CREA Meeting	<b>11</b> Veterans Day VETFEST	<b>12</b> 10 AM 173rd Airborne 8:30-1:30 Blue Star Moms 9-11 AM DAV in Hall
<b>13</b> 8-11 AM Sons Breakfast 2-3 PM Guide Dog Training 3-7 PM Polish Club 3 PM Cheryl's Pub Grub	<b>14</b>	<b>15</b> Meeting night 6 PM Post No Auxiliary	<b>16</b> 6 PM VVA	<b>17</b> BUNCO 6-8 PM Coast Guard Auxiliary	<b>18</b> 6 PM Auxiliary Dinner Ham	<b>19</b> 8-12:30 Sea Cadets
<b>20</b> 8-11 AM Post Breakfast 3 PM Cheryl's Pub Grub	<b>21</b> 11 AM—2 PM TERC	<b>22</b>	<b>23</b> 5:30 PM Riders' BBQ 6:30 PM Riders Meeting	<b>24</b> BUNCO	<b>25</b> 6 PM Kiwanis Dinner Meatloaf	<b>26</b> 11-3 PM Scrabble Club
<b>27</b> No Breakfast 3 PM Cheryl's Pub Grub	<b>28</b>	<b>29</b>	<b>30</b>	<b>Dec 1</b> BUNCO	<b>Dec 2</b>	<b>Dec 3</b>

**AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE**

When you go to The Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149 and have them write it on the bill.

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November 2022 - ISSUE 2211  
J. B. Clark Post 149  
230 E. Park Avenue  
Escondido, CA 92025-1811

Non-Profit Organization  
U.S. Postage PAID  
Escondido, CA  
Permit # 92

RETURN SERVICE REQUESTED

## MARKET MALL

### The Golden Egg Omelet House

Fundraiser 10% of Food & Beverage Contributed to Organization

### American LEGION Post 149



316 West Mission Ave. #101  
Escondido, CA. 92025  
(760) 489-6420

### BUSINESS AD SPECIFICATIONS

**Business Card Ad** (3-1/2" wide x 2" high) - \$15 per mo.  
(minimum 3 mos. advertisement cycle required)

**Business Ad** 4" high x 3-1/2" wide - \$25 per mo. (minimum 3  
mos. advertisement cycle required)

**\*PLEASE CONTACT THE POST ADJUTANT  
AT ADJUTANT149@GMAIL.COM FOR MORE  
INFORMATION OR TO PLACE AN AD.**

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