

# The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California



## COMMANDER | JEN HOLDEN



Thank you all for reelecting me your Commander for another year. Your support and votes mean a lot to me. I will do my best to not let you all down. I will let the Adjutant list all the new officers

for 2023-2024. I do want welcome brand-new Executive Board members: Tony Maffini and Jeff Sheggrud. I look forward working with you both.

Did you know that the American Legion wasn't just created as a social club for veterans to gather? The American Legion's emergence and rise to prominence was based on a mission to strengthen the nation through programs, services and advocacy that helped millions throughout the organization's first century. In 1919, The American Legion was founded on four pillars: Veterans Affairs & Rehabilitation, National Security, Americanism, and Children & Youth. Each of these pillars encompasses a variety of programs that benefit our nation's veterans, its service members, their families, the youth of America and ordinary citizens. This year I want to talk about these founding values with you.

One of the statements in the Preamble to the Constitution of the American Legion is "To foster and perpetuate a one hundred percent Americanism." Americanism is an unflinching love of country, loyalty to its institutions and ideals, eagerness to defend it against all enemies, individual allegiance to the U.S. flag and a desire to secure the blessings of liberty to ourselves and our posterity. Ponder on this statement and ask yourself, "What does Americanism mean to me?" This question was asked and thought so important that our Founding Members placed it as an integral value and mission of the American Legion.

The Post supports Americanism by taking flags for proper disposal according to the U.S. Flag Code; sponsoring a Boy Scout Troop and an American Legion Baseball Team; supporting financially American Legion Boys State; holding an oratorical scholarship program (a Constitutional Speech

Contest). These are just a few of the functions our Post supports routinely.

Don't forget that this is your post! I was so happy to see about 30 people show up for the last meeting. We are here to support you and we can't do that without your participation. If you want to know more, please attend the Post Meeting held on the third Tuesday of every month. This month's meeting is June 20, 2023, at 6:00 PM. I look forward to seeing your faces at the Post and Clubroom.

## FIRST VICE | PAUL MCNAMARA



Fellow Legionnaires, First, thank you for your confidence in my abilities to be your 1st Vice by electing me for next year at our last meeting. Although a short term this year, it has been an honor to serve you all.

We had six new members voted in at that same meeting and so I want to welcome them aboard and thank them for choosing our Post. We look forward to your contribution, input, and being members of our team.

But it needs to be pointed out that none of them were from the Iraq/Afghanistan era. Talking about recruiting veterans from that era will be a recurring theme for me. Let's face it, we all know them, and that they served honorably and still have a lot of service to offer to our nation and community. And I would argue that the nation needs the values of the Legion now more than ever. And so, I am asking you to put your recruiting hat back on and make sure our message of the best American values gets to them, and that they understand that the Legion is a perfect venue to continue on the service to our country journey they started in their youth.

We have a lot of events coming up. I look forward to seeing you there!

## KEY DATES

See calendar page and flyers for more information.

JUNE 3

Post Officer Installation Ceremony

JUNE 4

District 22 Annual Meeting

JUNE 16

Thanksgiving Dinner in June

JUNE 17

VFW Post Birthday Party

JUNE 23

Blood Drive

Check Calendar for  
FRIDAY Dinner and  
SUNDAY Breakfast  
Schedules

BUNCO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 8-10 PM

*The One Forty Niner*

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## SECOND VICE | CLUBROOM MANAGER

### | STEF HOLDEN



My fellow Legionnaires, Let's all take a moment to say farewell to our long-time Head Bartender Ms. Shannon White as she has left us in pursuit of other opportunities.

Shannon, your legion wishes you all the best and you will be missed. Thank you, Shannon, for your years of service to the Post!

Now I would like to welcome the newest member to our Legion family, Ms. Marissa Brown. I know she is going to be a great addition to our team and we all look forward to working with you. WELCOME ABOARD!

Club 149, in conjunction with Brothers of 6 Charities Inc., are excited to present the 3rd annual "619 Dinner" celebrating the history of San Diego County! The dinner is paired with a luggage and sock drive to benefit the San Pasqual Academy and homeless shelters throughout San Diego County. Bring a NEW piece of luggage, backpack, duffel, tote or a NEW package to receive a drink special. The event is to take place Saturday, June 17th. Dinner is served at 5pm and live music featuring "The Jesse Cox Syndrome" will begin at 6pm.

We will see you all at Club 149!

## POST 149 ADJUTANT | BILL STINTSMAN



Well, we did it. We made it to the end of the year. Wait, what? It's not Christmas already, is it? The membership year; just the membership year! No need to panic – YET. But yes, June 30th is

the end of the 2022-2023 membership year. For those procrastinators, you missed out. For those forward thinkers/payers, we are about to embark on the 2023-2024 membership journey starting July 1st, so get that checkbook out and get ready for the new year to begin. I accept gifts in the denomination of \$50.00 each and wrapped neatly in wrapping paper. The American Legion membership department at National Headquarters will start mailing out those fancy reminders that so many of you will inadvertently throw in the trash thinking you have already paid. That was for LAST YEAR. We start all over again every July. So, get ready for the new year to begin. Oh, and nothing prevents you from starting your shopping a little early this year, so think of it as buying yourself something in advance.

## CHAPLAIN | CHUCK FAUPEL



No deceased to report.

Report 1 sickbay: Tom Barlow – Member of the Sons: On May 10th, he had seizure-like symptoms that were also similar to that of a stroke. These

symptoms went away when he was placed on his back on the floor. He has recently had several health problems, none of which were the same from occurrence to occurrence. He is home resting and is scheduled for a gallbladder removal in June. Keep him and his family in our prayers.

We are coming in to our new Post leaders. Real leadership is leaders recognizing that they serve the people that they lead. It takes good leadership to build an organization – but not just from a single leader. It takes a team of leaders to really get the most out of organizational growth. Remember the 14 leadership traits.

Judgment, Justice, Decisiveness, Integrity, Dependability, Tact, Initiative, Endurance, Bearing, Unselfishness, Courage, Knowledge, Loyalty, Enthusiasm,

Endurance – might have to leave out as we get older.

## SAL COMMANDER | KEITH BELL



We have completed Nominations and Election of Officers. We have a new 2nd Vice Commander Tim Hoeffliger. Thank you to all the squadron officers for their service and I look forward to continuing as

the SAL Commander.

We had a good turnout for Mother's Day Breakfast. We still have tickets for the Milwaukee Tool Kit and hope to have a drawing soon. We will be helping at Escondido Street Fare Event and Memorial Day Services and placing flags with the Boy Scouts at Oak Hill Memorial Park Cemetery.

Our next Breakfast will be June 4th. Future Farmers of America (FFA) will be helping with breakfast and will receive all the profits. Hope to see you there and will have the tool raffle.

I am sorry to report the summer Pro Wrestling has been canceled. We are still planning the third. Annual fall Pro Wrestling.

# JOIN US AT CAMP DO GOOD.

*Give Blood.*



## **American Red Cross Blood Drive** **American Legion Post 149**

Hall  
230 E Park Ave  
Escondido, CA 92025

**Friday, June 23, 2023**  
**11:00 a.m. to 5:00 p.m.**

Please visit [RedCrossBlood.org](https://RedCrossBlood.org) and enter: post149 to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting [RedCrossBlood.org/RapidPass](https://RedCrossBlood.org/RapidPass) to complete your pre-donation reading and health history questions on the day of your appointment.



Scan to be directed to  
RapidPass®

**Do good this summer! Come give in June for a \$10 gift card by email to a merchant of your choice.**



Scan to schedule  
an appointment.

**Be part of something big. Make an appointment.**

1-800-RED CROSS | [RedCrossBlood.org](https://RedCrossBlood.org) | Download the Blood Donor App

*Come Join the Auxiliary for*

*Thanksgiving in June*

*Friday June 16th, 2023*

*5:30 to 7:00pm*



*Turkey, Stuffing*

*Mashed Potatoes & Gravy*

*Yams, Green Beans, Rolls*

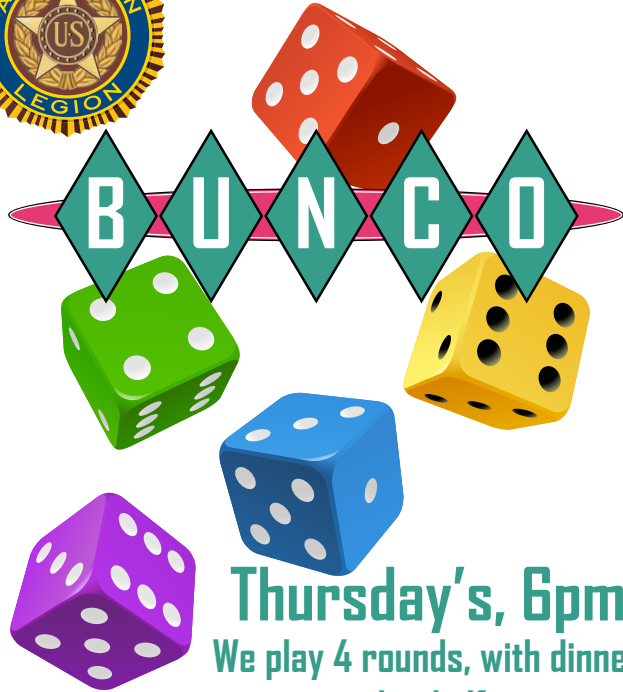
*Pumpkin Desserts too!!!*

*\$13.00* 🍰 🍰 🍰 🍰

*Everyone is Welcome*



J.B. CLARK/POST 149



Thursday's, 6pm  
We play 4 rounds, with dinner served at half-time.

Let The Good Times Roll!



J.B. CLARK/POST 149



Karaoke NIGHT

FRIDAYS

8PM - 10PM

KJ Alex 1<sup>st</sup>/3<sup>rd</sup>/5<sup>th</sup> Friday  
KJ Christine 2<sup>nd</sup>/4<sup>th</sup> Friday

We Want To Hear You SING!



FLAG DAY

JUNE 14

THE FLAG RESOLUTION OF 1777

**POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST**  
 At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

## JUNE 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	<b>1</b> 6 - 8:30PM (Hall) BUNCO	<b>2</b> 7 - 11PM (Club Room) KARAOKE	<b>3</b> 11AM-4 PM (Hall) Post Officer Installation Ceremony 4 - 9 PM (Hall) Sea Cadets Dinner Fundraiser Dinner and Awards
<b>4</b> 8:30 - 11AM (Patio) SAL Breakfast All You Can Eat \$14 9 - 12:00 (Hall) District 22 Meeting 3:30 - 7PM (Hall) Polish American Club 3PM Pub Grub by Cheryl (Clubroom)	<b>5</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous	<b>6</b> 9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911 6-8 PM (Hall) Post 1513 VFW Meeting	<b>7</b>	<b>8</b> 5 - 8 M (Conf Room) Kiwanis of Escondido 5:30 - 8:30PM (Hall) North County CREIA 6 - 8:30PM (Hall) BUNCO	<b>9</b> 8AM - 5PM (Hall) Lifeline Screening 7 - 11PM (Club Room) KARAOKE	<b>10</b> 8:30AM - 1:30PM (Hall) Blue Star Moms 10AM-12 PM (Conf Room) 173 Airborne Assn. 2 - 3 PM (Patio) Guide Dog Training
<b>11</b> 8 - 11AM (Hall) Auxiliary Breakfast Omelets \$13 3PM Pub Grub by Cheryl (Clubroom)	<b>12</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous	<b>13</b> 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg 6 - 7:30PM (Hall) DAV Chapter 70 Mtg.	<b>14</b> 6 - 7PM (Hall) Sons of the AL Meeting	<b>15</b> 6 - 8:30PM (Hall) BUNCO	<b>16</b> 6 - 7:30PM (Hall) Auxiliary Dinner Thanksgiving Dinner \$13 7 - 11PM (Club Room) KARAOKE	<b>17</b> 8 - 12:30PM (Hall) Sea Cadets 4-9 PM (Hall) VFW Post Birthday Party
<b>18</b> 8 - 11AM (Hall) POST Breakfast Eggs to Order \$14 3PM Pub Grub by Cheryl (Clubroom)	<b>19</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous 11AM - 2PM (Hall) TERC	<b>20</b> 9AM - 1PM (Conf Room) Porcelain Club 6 - 7:30PM (Hall) Post 149 General Mtg. 6 - 7:30PM (Conf Room) Post 149 Auxiliary Mtg.	<b>21</b> 6 - 8PM (Hall) Vietnam Vets of America	<b>22</b> 6 - 8:30PM (Hall) BUNCO	<b>23</b> 8AM - 5PM (Hall) Blood Drive 5:30 - 7PM (Hall) Kiwanis Dinner Spaghetti & Meatballs \$12 7 - 11PM (Club Room) KARAOKE	<b>24</b> 10AM - 1PM (Hall) SD Gourd Artists 11AM - 3PM (Conf Room) SCRABBLE Club
<b>25</b> 3PM Pub Grub by Cheryl (Clubroom)	<b>26</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous	<b>27</b> 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 8PM (Hall) NC Conservatives	<b>28</b> 5:30 - 6:30PM (Patio) ALR Dinner Brats 6:30 - 8PM (Patio) ALR 149 Mtg.	<b>29</b> 6 - 8:30PM (Hall) BUNCO	<b>30</b> 7 - 11PM (Club Room) KARAOKE	<b>1</b>

Holidays & Observances  
 14 Flag Day 18 Fathers Day

AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn !0% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.

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ISSUE 2303  
J.B. Clark Post 149  
230 E. Park Avenue  
Escondido, CA 92025

Non-Profit Organization  
U.S. Postage PAID  
Escondido, CA  
Permit #92

RETURN SERVICE REQUESTED

## MARKET MALL

### The Golden Egg Omelet House

Fundraiser 10% of Food & Beverage Contributed to Organization

### American LEGION Post 149



316 West Mission Ave. #101  
Escondido, CA. 92025  
(760) 489-6420

### BUSINESS AD SPECIFICATIONS

**Business Card Ad** (3-1/2" wide x 2" high) - \$15 per mo.  
(minimum 3 mos. advertisement cycle required)

**Business Ad** 4" high x 3-1/2" wide - \$25 per mo.  
(minimum 3 mos. advertisement cycle required)

\*PLEASE CONTACT THE POST ADJUTANT AT  
ADJUTANT149@GMAIL.COM  
FOR MORE INFORMATION OR TO PLACE AN AD.

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(858) 571-0711 TomSmith@tsmith1.net

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