

# The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California

COMMANDER | JEN HOLDEN



Greetings, Legionnaires! As we begin a new year, it's a great time to reflect on the core principles that make the American Legion what it is. Our mission is guided by the Four Pillars of the American Legion, which have been the foundation of our organization since its inception in 1919.

### The Four Pillars of the American Legion:

1. **Veterans Affairs & Rehabilitation:** We are committed to ensuring that all veterans receive the support, healthcare, and benefits they have earned. Our advocacy continues for better services, especially for those transitioning to civilian life.
2. **National Security:** Supporting a strong national defense and standing behind those who serve in our Armed Forces remains a top priority. We engage in programs and initiatives to bolster readiness and recognize the sacrifices of those who serve.
3. **Americanism:** Promoting patriotism, civic engagement, and responsible citizenship through youth programs, flag education, and community service keeps the spirit of American pride alive.
4. **Children & Youth:** We aim to support young people by sponsoring scholarships, youth sports, and mentoring programs. Our mission ensures that children of veterans and others in need have a supportive environment to thrive.

The purpose of JB Clark Post 149 is to uphold these pillars through active community engagement and support for our veterans, their families, and the community. Each of you plays a critical role in this mission, and I am grateful for your continued dedication and service.

### A Call for Nominations: First Vice Commander

As we prepare for the upcoming year, we are seeking nominations for the position of First Vice Commander. This role is essential to the operations of our Post, focusing on membership growth and retention – the backbone of our Legion's strength.

The First Vice Commander's Responsibilities Include:

- **Membership Engagement:** Recruiting new members and ensuring current members feel welcomed and involved.
- **Supporting the Commander:** Stepping in when the Commander is unavailable and providing crucial leadership support.

A strong First Vice Commander helps ensure that Post 149 remains vibrant and effective in serving veterans and the community. If you or someone you know has a passion for leadership and service, consider submitting a nomination. We need your voice, commitment, and leadership to carry our mission forward.

To nominate a member for the 1st Vice Commander office please attend the Jan. 21, 2025 General Meeting. For more information, please contact me or the Adjutant.

Let's make 2025 a year of growth, service, and commitment to our fellow veterans and community. Thank you for your unwavering support. For God and Country.



## SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



As we say goodbye to 2024 and welcome 2025, I would like to take a moment to thank each and every one of you that made this year such a success and filled us with such good memories of the year. This year's 5th annual VetFest was our greatest success to date and will only continue to grow in size and participation. The same can be said of our annual "619" benefit dinner, the "Law & Order" dinner as well as our first responders "911" dinner. Thank you for all of the volunteers that contributed to making these worthy events possible, without you the job could simply not have been done!

Please note that Club 149 will be raising our prices in the coming months due to the minimum wage increase that took affect last year as well as the result of the rising cost of goods. I can assure you Club 149 will continue to offer the cheapest beers and cocktails in town but we were forced to employ this measure to give our guest the experience they are accustomed to as well as keep the doors open. I wish to thank you all for your support and understanding of our situation in reference to the up-coming price increase.

Please come out and join us for our annual Superbowl "Pot-luck" that will be taking place on Sunday, February 9th. The day's events will include drink specials and an "opportunity drawing" to be held at halftime. Signup sheets will be available behind the clubroom bar.

On behalf of myself and all of the Club 149 staff, we are looking forward to yet another amazing year!

See you at Club 149!

## POST 149 ADJUTANT | CODY YORK



### Happy New Year, Legionnaires!

Where has the year gone? It feels like just yesterday I stepped into the role of Adjutant. Over the past six months, we've made some incredible changes, working together to create a post that's truly a welcoming and vibrant place.

As we move into the new year, I have plans to take our post to the next level. But I can't do this alone—it takes all of us. Remember, this is our post, our family. I encourage each of you to take an active part. Join a committee, volunteer your time, and help us continue to grow and thrive.

Our Christmas dinner was a success, thanks to a handful of dedicated members who stepped up to make it happen. However, it's often the same few volunteers who take on these responsibilities. Moving forward, if we don't have enough volunteers for dinners and events, we may have to cancel them. It's simply not sustainable for just myself, my wife, and a small group to handle everything.

This is your post. If you want to see it flourish, your involvement is essential. Without it, we risk losing everything we've built together.

I want to remind everyone that I have an open-door policy. If you have concerns, ideas, or requests, please don't hesitate to reach out. You can email me at [adjutant149@gmail.com](mailto:adjutant149@gmail.com) or write down your thoughts and leave them with the bartender, who will ensure they get to me.

Let's make this new year a great one for our post—together!

## KEY DATES

See calendar page and flyers for more information.

JAN 1

New Year's Day

JAN 8

SAL Meeting

JAN 18

Post Dinner and  
Comedy Show

JAN 20

Martin Luther King Day

JAN 21

Post Meeting

JAN 22

ALR Meeting

Check Calendar for  
SUNDAY Breakfast  
Schedules

BUNCO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 7-11 PM

PUB GRUB

Every Sunday 3PM

# 2025

## HAPPY NEW YEAR

*The One Forty Niner*

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Send content to the  
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**POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST**  
 At the the Post Breakfast in your birthday month - All you can eat buffet!

## JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 New Year's Day	2 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 8:30PM (Hall) BUNCO	3 7 - 11PM (Hall) KARAOKE	4
5 8 - 11AM (Hall) DAV Breakfast - \$14 4 - 7PM (Hall) Escondido Little League Board	6	7 9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911	8 6 - 7:30PM (Hall) SAL Meeting	9 5 - 8PM (Conf Room) Kiwanis of Escondido 5:30 - 8:30PM (Hall) North County CREIA 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 8:30PM (Clubroom) BUNCO	10 7 - 11PM (Hall) KARAOKE	11 8AM - 1:30PM (Hall) Blue Star Moms 10AM - Noon (CR) 173 Airborne Assn. 2 - 3:30PM (Patio) Guide Dog Training
12 9 - 11AM (Hall) SAL Breakfast - \$14	13	14 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg 6 - 7:30PM (Hall) DAV Chapter 70 Mtg	15 4 - 6PM (Hall) Vietnam Vets of America	16 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 8:30PM (Hall) BUNCO	17 7 - 11PM (Hall) KARAOKE	18 2 - 8PM (Hall) Party Rental 5 - 7PM Post Dinner 7:30 - 9PM Comedy Show
19 8 - 11AM (Hall) Post Breakfast \$14 1 - 3PM (Hall) MHF	20 Martin Luther King Day	21 9AM - 1PM (Conf Room) Porcelain Club 5 - 5:30PM (Hall) House Committee Mtg 6 - 7:30PM (Hall) Post 149 General Mtg	22 5:30 - 6PM (Patio) ALR Dinner 6:30 - 8PM (Patio) ALR 149 Mtg.	23 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 8:30PM (Hall) BUNCO	24 7 - 11PM (Hall) KARAOKE	25 11AM - 3PM (Conf Room) SCRABBLE Club
26 8 - 11AM (Hall) Brothers of 6 Breakfast - \$14	27	28 9AM - 1PM (Conf Room) Porcelain Club	29	30 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 8:30PM (Hall) BUNCO	31 7 - 11PM (Hall) KARAOKE	1

**Holidays & Observances**

- 1 New Years Day
- 20 Martin Luther King Day

# Let Us Host Your Special Event!

Meeting · Banquet · Party · Wedding · Memorial

## Indoor Hall

- Raised stage
- 120 person capacity
- State of the Art Audio/Video system

## Outdoor Patio & Courtyard

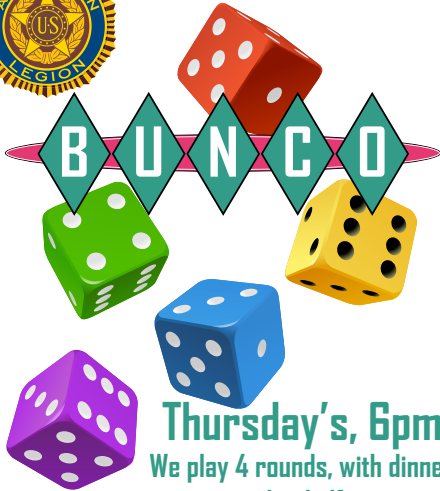
- Cabana's in Courtyard
- 235 person capacity

## For a quote contact:

Cody York, Post 149 Adjutant  
(760) 745-1159  
adjutant149@gmail.com



J.B. CLARK/POST 149



*Let The Good Times Roll!!*



J.B. CLARK/POST 149



## MARKET MALL

### The Golden Egg Omelet House

10% of Food & Beverage order contributed to

### American LEGION Post 149



316 West Mission Ave. #101  
Escondido, CA 92025  
(760) 489-6420

### BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.  
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.  
(minimum 3 mos. advertisement cycle required)

\*PLEASE CONTACT THE POST ADJUTANT AT  
ADJUTANT149@GMAIL.COM  
FOR MORE INFORMATION OR TO PLACE AN AD.

alldaysigns@gmail.com  
instantsignsandprints.com

760.442.1366

520 N. Quince St. Suite #4  
Escondido, CA. 92025

BURGER  
BENCH  
— ESCONDIDO —

WEEKLY HAPPY HOUR

**\$6 SELECT PINTS**  
**DISCOUNTED APPETIZERS**

MON-THURS 2-4PM

### AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn !0% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.